

Level Up Teambuilding

Top 3 Event Outcomes for HR Professionals

1. Improved Team Communication

Teams report stronger clarity, trust, and alignment in how they collaborate—especially across departments or roles.

Why HR cares: Better communication reduces workplace friction and boosts productivity.

2. Higher Employee Engagement & Morale

After participating in a Level Up event, team members feel more connected to each other and more motivated in their roles.

Why HR cares: Engaged employees stay longer, perform better, and contribute to a positive workplace culture.

3. Increased Psychological Safety & Trust

Activities create space for vulnerability, collaboration, and shared wins—key drivers of trust and long-term team performance.

Why HR cares: Psychological safety is essential for innovation, feedback culture, and retention—especially in hybrid or fast-changing environments.

□ Want to share with your team? This 1-pager was created for HR and People Leaders considering impactful teambuilding experiences in Atlantic Canada.